

A MONTHLY PUBLICATION OF

PARKINSON'S RESOURCE ORGANIZATION

Working so no one is isolated because of Parkinson's

MESSAGE

PRESIDENT'S

CONGRATULATIONS to the new grads, the new brides and grooms, and to everyone that made it thus far in 2019. Applaud yourself. In today's chaotic world, making it this far is simply wonderful.

As we go into our summer, most of the support groups successfully closed for the summer and the new season is already in the planning process.

The PRO Office is about to embark on several exciting areas. First is our capital campaign to raise funds to re-do and refurbish the office (last done in 2011), giving it a new vision. In addition, we are looking for funds to continue upgrading our technology and helping more people with Parkinson's and their families than we've ever helped before. Please be as generous as you can and **THANK YOU**.

This issue contains valuable information and PROvocative questions.

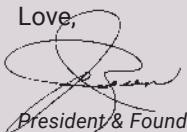
For your Father's Day or other gifts, please see **YOU SHOP, AMAZON SMILE PAYS PRO** highlighted on this page. We will appreciate your thoughtfulness.

Incredible information awaits your reading under the titles of: **MEDICARE HOSPITAL FUND RESERVES LIKELY TO BE EXHAUSTED IN 2026: U.S. REPORT** on page 2; **HEMP OIL HEALTH BENEFITS VS SIDE EFFECTS: PROPER USE AND OPTIMAL DOSAGE GUIDE** on page 3; **AYURVEDIC LEVODOPA** on page 4; **UPDATE ON THE ROAD TO THE CURE** on this page; **MEDI-CAL "SPOUSAL IMPOVERISHMENT" FIGURES FOR 2019** by William R. Remery, Esq. on page 5; and our Inspirational **FATHER'S EYES: FATHER'S DAY** on page 6.

Join us in making a difference in your life or the life of a loved one this MONTH. Supporting us is simple: Make monthly donations through our safe PayPal donation page at Parkinsonsresource.org/donate or mail your donation to our office in Palm Desert, California.

Until next month, REMEMBER D-Day, WWII, on the 6th, Father's Day on the 12th, Flag Day on the 14th, Summer Solstice—the longest day of the year!—on the 21st, and Nat'l. Ice Cream Cake Day on the 27th. June's birthstones are Alexandrite, Pearl, & Moonstone. The birth flower is the Rose. It's also National Safety Month. ALWAYS remember to CELEBRATE YOU and PRAY FOR OUR TROOPS!

Love,



President & Founder

ICBI UPDATE ON THE ROAD TO THE CURE

BREAKING NEWS: Orally bioavailable drugs for treating Parkinson's

Apart from providing symptomatic relief for Alzheimer's and Parkinson's Central Nervous System (CNS) disorders, therapies don't exist that can halt, slow down, or reverse these diseases. La Jolla based ICB International, Inc. plans to overhaul the treatment of brain diseases. The Company has developed blood-brain barrier (BBB) permeable proprietary antibody mimics, referred to as SMART Molecules (SMs), which when injected in the tail vein of animals reach the central nervous system (CNS), halt and reverse Alzheimer's and Parkinson's diseases.

ICBI's on-going efforts to improve its technology has led to the development of an alternative form of SMs, which are much smaller but biologically as active as the full-length SMART Molecules. In preliminary experiments, Parkinson's mice treated with this new drug produced results identical to those of full-length SMs. A treated mouse had 34% fewer clumps of aggregated α -synuclein in its brain than the untreated mouse. Since this new drug is stable in low pH conditions and most proteases found in the gut, ICBI believes that one day it will be able to offer its drugs in the form of pills to halt and reverse neurodegenerative diseases.

Typically, immunotherapy is administered intravenously. The patient needs to visit his/her doctor's office or hospital to get an intravenous injection, which requires time and payment for an office visit. To the best of our knowledge, there is no precedent for administering immunotherapy orally. ICBI believes that it will introduce orally admissible immunotherapy in the very near future, thus revolutionizing the treatment of CNS diseases.

ICBI plans to develop the orally bioavailable drugs for treating CNS disorders.

WOULD YOU LIKE TO HELP get their drugs to market faster? The joy of being a part of this historical event can be had by helping ICBI find the funds to bring these trials to fruition through your investing, and by finding others with the financial ability and humanitarian mindset to accomplish the—until now—impossible.

Please contact Jo Rosen at 760-773-5628 or jorosen@Parkinsonsresource.org or by contacting ICBI directly through their website, ICBI.com/ or by phone at 858-455-9880.

IMAGINE the world without Parkinson's, MSA or Alzheimer's disease.

JUST IMAGINE...

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BITS & PIECES

PAY ATTENTION: Medicare Hospital Fund Reserves Likely To Be Exhausted In 2026: U.S. Report

Reporting by Tamara Mathias in Bengaluru; editing by Bill Berkrot

Our standards: *The Thomson Reuters Trust Principles*

(Reuters) — Medicare's hospital insurance fund will be depleted in 2026, as previously forecast, and Social Security program costs are likely to exceed total income in 2020 for the first time since 1982, according to a government report released on Monday.

The report from the board of trustees for Social Security and Medicare also projected that Social Security funds could be depleted by 2035, leading to potential reductions in expected payouts to retirees and other beneficiaries.

U.S. healthcare costs are expected to be a hot topic during the 2020 presidential campaign, with uncertainty around possible cost-cutting solutions already weighing on healthcare stocks this year.

Senator Bernie Sanders, among a large field of contenders for the Democratic presidential nomination, has unveiled a "Medicare-for-All" plan that would eliminate private insurance and shift all Americans to a public healthcare plan.

However, Republicans have denounced the proposal as impractical and too expensive.

"At a time when some are calling for a complete government takeover of the American health care system, the Medicare Trustees have delivered a dose of reality in reminding us that the program's main trust fund for hospital services can only pay full benefits for seven more years," Seema Verma, administrator for the Centers for Medicare & Medicaid Services (CMS), said.

The report said costs associated with the Medicare Supplementary Medical Insurance (SMI) trust fund,

cont. on page 7

HEMP OIL HEALTH BENEFITS VS SIDE EFFECTS: PROPER USE AND OPTIMAL DOSAGE GUIDE

Times of CBD Reviews

Hemp Oil is a super food, a nutritional powerhouse that, if consumed regularly, can prevent several diseases as well as cure already existing ones.

Hemp Oil Health Benefits For Skin Conditions - Hemp Oil is a perfect solution for skin disorders, including eczema and psoriasis, which affects many people with Parkinson's disease. Several types of research conducted in the recent past have found that the symptoms of eczema, a condition of the skin causing dryness and inflammation, were significantly improved by using this product. The red, dry, and flaky skin resulting from this condition is soothed and cleared by the components in this product that are moisturizing and softening to the skin.

It also helps counter the further spread of the infections to other parts of the body by restricting them to the already affected area, then treating them by softening the skin and making it smooth.

Hemp Oil Benefits For Arthritis - This product has been proven to relieve symptoms of rheumatoid arthritis.

It does this by lowering the rate of survival of MH7A cells. It also kills or destroys some of these cells. As a result; it is safe to conclude that hemp oil contains anti-arthritic properties which fight and relieve the symptoms.

Further, the Omega-3 fatty acids in this product help to ease the joints and pain by improving mobility and reducing friction; which makes the pain worse when not attended to.

Hemp Oil Benefits For Pain - The cannabidiol (CBD) present in Hemp Oil is popular for the treatment and management of pain. In fact, doctors have in the recent past recommended it in place of the usual painkillers. It is also recommended for use by those suffering from severe pains. As much as CBD is yet to be approved by the United States Food & Drug Administration as a remedy for medical conditions, it has been acclaimed all over the world for the achievements of relieving and actually curing various forms of pain. It is easy to use, yet extremely effective in the treatment and management of both normal and chronic pain.

Benefits Of Hemp Oil For Weight Loss - The Omega-3 present in Hemp Oil helps burn the bad fats, leading to weight loss. The hemp also suppresses appetite naturally, creating a feeling of fullness and fewer cravings for sugar and other sweet products. It also promotes satiety for the whole day, making you eat less or not to eat at all, leading to weight loss and management.

Other Health Benefits Of Hemp Oil - There are several health benefits of this important product of the Cannabis Sativa plant that has not been mentioned above, yet are also very significant and vital.

Enhances Digestive Health - The protein found in this product is similar to that in the blood. Since it gets digested easily, it is given to people with digestive problems. Omega-3 & 6 fatty acids in Hemp oil produce eicosanoids, which control the production of digestive hormones and juices, aiding in digestive system health and proper functioning.

Boosts Hair Growth - The lipids found in Hemp Oil make your hair shiny, strong, and voluminous by adding moisture and strength to it. The weak hair is also strengthened by making it thicker. Also, they aid in the growth of new hair as well as help boost virgin growth and restoration and strengthening of the hairlines. Further, they help relieve dandruff, itching, and dryness of the scalp as well as treat scalp psoriasis by moisturizing and soothing it.

Helps Relieve Post-Menstrual Symptoms - Hemp Oil contains GLA (Gamma Linoleic acid) which is known to ease cramps associated with the menstrual/monthly period in women. It relieves symptoms such as swelling, irritability, and breast-tenderness by balancing the hormones.

Helps In Pregnancy - The Omega-3 fatty acids in Hemp Oil help in fetal growth and development, especially the brain. This assures you of getting kids that are smart, confident, and generally sharp. Also, they aid in the prevention of preterm delivery as well as easing the birth process.

Fighting Cancer - Due to its composition of Omega-3 & GLA, it can curb inflammation as well as cancer. For instance, it can help reverse severe brain

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AYURVEDIC LEVODOPA

There is another flurry of information going around pertaining to the Fava Bean, *Macuna pruriens*. This time there has been more research and more options, including products ; such as where the manufacturers have standardized dosages.

The National Institutes of Health, in their Journal of Clinical and Diagnostic Research, write: According to many studies, sprouted fava beans are a rich source of levo-dihydroxyphenylalanine (L-dopa) the precursor of dopamine, and they are now being investigated for use in the management of Parkinson's disease. The addition of Carbidopa (C-dopa) can reduce the daily use of the L-dopa dosage requirements, and it can also reduce the side effects which are associated with the L-dopa administration.

The present research was conducted to find the levo-dihydroxyphenylalanine (L-dopa) and Carbidopa (C-dopa) in fava beans, green peas, and green beans by High-Performance Gas Chromatography (HPLC). Carbidopa (C-dopa) is a peripheral decarboxylase inhibitor. As a substitution therapy, it is used in combination to treat Parkinson's disease.

The result: We obtained L-dopa and C-dopa from fava beans which were in the fresh and dry sprouted form, whose concentrations were 1.4,1.5 and 2.6,2.4 mg/ml respectively. The maximal stimulation of the L-DOPA content was seen on day 8 for the fava beans, which was 100% higher than that of the control level.

And in Conclusion: The results of this study indicate that fava beans are a good source of natural L-dopa and C-dopa. The quantification of this capacity according to the stage and the plant part could be suitable for applications in the food industry and in plant medicine. The consumption of fava beans can increase the levels of L-dopa and C-dopa in the blood, with a marked improvement in the motor performance of the patients with Parkinson's disease, without any side effects.

Zandu has created a product called Zandopa HP200, an Ayurvedic formulation derived from the seeds of *Mucuna pruriens*. *Mucuna Pruriens* has a long history of use in Ayurvedic practice for Central Nervous System disorders and also as a geriatric tonic. They are a natural and richest known source of L-dopa. They are more readily bioavailable than synthetic L-dopa.

Zandu's Composition: Each 7.5gm contains - Standardized processed seed powder of Kauncha (*Mucuna pruriens*) 6.525 gm in a flavored base.

Zandu has published their description of Zandopa as Life is beautiful again. Indication: Idiopathic Parkinsonism. Special instructions: PRECAUTIONS: All known precautions and contraindications as applicable to synthetic L-dopa formulation should also be followed while prescribing Zandopa. Monoamine oxidase inhibitors, if taken by patients, must be discontinued at least 2 weeks prior to the institution of Zandopa therapy. As with levodopa, periodic evaluations of hepatic, hematopoietic, cardiovascular, and renal functions are recommended during extended therapy with Zandopa. Zandopa should be administered with caution in severe cardiovascular or pulmonary disease, bronchial asthma, renal, hepatic, or endocrine disease and in the presence of peptic ulcer or chronic narrow-angle glaucoma. SIDE EFFECTS: Side effects include nausea, anorexia, cardiac irregularities, orthostatic hypotension, weight gain, hot flushes, numerous dyskinesias, and psychiatric symptoms such as agitations, hallucinations, delusions, and nightmares. Side effects, as encountered with synthetic L-dopa formulations, have not been seen to the same severity with Zandopa.

The dosage they've published is: **NOT TO BE TAKEN WITH MILK**. In a half glass of water (approx. 100ml) suspend prescribed dose of powder, stir and drink immediately. A measure of 7.5gm (approx.) is provided in the container L-dopa content of Zandopa powder is readily soluble in water. Patients finding difficulty in swallowing of the bulk may be advised to stir the powder in water for nearly one minute and strain. The clear solution thus obtained may be consumed by the patient.

According to Dr. Geoffrey Leader, MN, ChB, FRCA and Lucille Leader, Dip, ION, MBANT, NTCC, CNHC reg, in their newest book *Parkinson's Disease ~ How to Optimize On-Off Periods during L-Dopa Therapy* (Denor Press)

Taking *Macuna Pruriens* is calculated using the same dietary and timing principles as the chemical version of L-dopa.

cont. on page 7

MEDI-CAL "SPOUSAL IMPOVERISHMENT" FIGURES FOR 2019

William R. Remery, Esq., *A Member of the National Academy of Elder Law Attorneys*

Non-California readers, consult a qualified person in your home state.

The California Department of Health Services has issued revised "Spousal Resource Allowance," "Minimum Monthly Maintenance Needs Allowance" and "Average Private Pay" figures for 2019. These are the figures which are used in determining eligibility for Long Term Medi-Cal, which pays for skilled nursing care for qualified applicants. "Medi-Cal" is California's version of the federal "Medicaid" program. Other states have similar eligibility rules under the Medicaid program, although the dollar amounts and some of the regulations under which the program is administered do vary somewhat from state to state. Non-California readers should consult a qualified source in their home state to verify the figures and how the program is administered in that state.

The Spousal Resource Allowance is the amount that a healthy spouse is allowed to retain in non-exempt "countable" assets, while still permitting an ill spouse to qualify for Long Term Medi-Cal benefits for skilled nursing care. The resource allowance figure is adjusted annually for increases in the cost of living. For 2019, the standard Spousal Resource Allowance has been increased to \$126,420. That means that the healthy spouse can retain \$126,420 in cash, stocks, bonds, recreational vehicles, art, or any other non-exempt assets, in addition to exempt assets such as a home, an automobile, household furniture and furnishings, burial plot, pre-need burial fund, etc. and still obtain Medi-Cal benefits to pay for the skilled nursing care for the ill spouse.

The standard Spousal Resource Allowance can be retained by the healthy spouse regardless of need. Where the healthy spouse's income is very low, the Resource Allowance can actually be increased above the standard allowance in order to provide a sufficient fund to generate additional income for the healthy spouse. It is not unusual for a resource allowance to be increased to \$200,000 or higher where a healthy spouse has no pension or is entitled to only limited Social Security benefits.

As with the Spousal Resource Allowance, the Minimum Monthly Maintenance Needs Allowance (MMMNA) is also indexed for inflation. In 2019, the healthy spouse is entitled to keep \$3,161.00 of the parties' combined monthly income before any of the ill spouse's income must be used toward the ill spouse's skilled nursing care. For example, if an ill spouse has Social Security benefits of \$1,400 per month, the healthy spouse receives Social Security of \$700 per month, and the parties receive \$700 per month from their investments, the healthy spouse can keep all of the combined income (\$2,800), and the ill spouse's skilled nursing care will be paid entirely by Medi-Cal. If their combined income goes above \$3,161 per month, then the excess income of the ill spouse must be applied toward the skilled nursing care, after giving the ill spouse a \$35 monthly allowance, unless the healthy spouse obtains a court order increasing the monthly support amount based upon the healthy spouse's actual monthly budgeted expenses.

Note, however, when the combined income of a couple exceeds the \$3,161 amount, only the ill spouse's income must be applied toward the skilled nursing care. For example, if the healthy spouse receives \$1,200 in Social Security benefits and \$2,500 in pension payments, the healthy spouse can keep the entire \$3,700, even though it exceeds the MMMNA. That is why the figure is called the "minimum" needs allowance and not the "maximum" allowance. Of course, any income received in the name of the ill spouse would have to be applied toward his or her skilled nursing care expenses, unless the healthy spouse obtains a court order for additional support, based upon the marital standard of living.

The Average Private Pay Rate for skilled nursing care is the figure that

cont. on page 6

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Inspirational

FATHER'S EYES: FATHER'S DAY

Bob Richards, the former pole-vault champion, shares a moving story about a skinny young boy who loved football with all his heart. Practice after practice; he eagerly gave everything he had. But being half the size of the other boys, he got absolutely nowhere. At all the games, this hopeful athlete sat on the bench and hardly ever played.

This teenager lived alone with his father, and the two of them had a very special relationship. Even though the son was always on the bench, his father was always in the stands, cheering. He never missed a game.

This young man was still the smallest in the class when he entered high school. But his father continued to encourage him but also made it very clear that he did not have to play football if he didn't want to.

But the young man loved football and decided to hang in there. He was determined to try his best at every practice, and perhaps he'd get to play when he became a senior. All through high school, he never missed a practice nor a game but remained a bench-warmer all four years.

His faithful father was always in the stands, always with words of encouragement for him.

When the young man went to college, he decided to try out for the football team as a "walk-on." Everyone was sure he could never make the cut, but he did. The coach admitted that he kept him on the roster because he always puts his heart and soul to every practice, and at the same time, provided the other members with the spirit and hustle they badly needed.

The news that he had survived the cut thrilled him so much that he rushed to the nearest phone and called his father. His father shared his excitement and was sent season tickets for all the college games.

This persistent young athlete never missed practice during his four years at college, but he never got to play in a game. It was the end of his senior football season, and as he trotted onto the practice field shortly before the big playoff game, the coach met him with a telegram.

The young man read the telegram, and he became deathly silent. Swallowing hard, he mumbled to the coach, "My father died this morning. Is it all right if I miss practice today?" The coach put his arm gently around his shoulder and said, "Take the rest of the week off, son. And don't even plan to come back to the game on Saturday." Saturday arrived, and the game was not going well. In the third quarter, when the team was ten points behind, a silent young man quietly slipped into the empty locker room and put on his football gear. As he ran onto the sidelines, the coach and his players were astounded to see their faithful teammate back so soon. "Coach, please let me play. I've just got to play today," said the young man. The coach pretended not to hear him. There was no way he wanted his worst player in this close playoff game. But the young man persisted, and finally feeling sorry for the kid, the coach gave in. "All right," he said. "You can go in."

Before long, the coach, the players and everyone in the stands could not believe their eyes. This little unknown, who had never played before was doing everything right. The opposing team could not stop him. He ran, he passed,

blocked, and tackled like a star. His team began to triumph. The score was soon tied. In the closing seconds of the game, this kid intercepted a pass and ran all the way for the winning touchdown.

The fans broke loose. His teammates hoisted him onto their shoulders. Such cheering, you never heard. Finally, after the stands had emptied and the team had showered and left the locker room, the coach noticed that this young man was sitting quietly in the corner all alone. The coach came to him and said, "Kid, I can't believe it. You were fantastic! Tell me what got into you? How did you do it?"

He looked at the coach, with tears in his eyes, and said, "Well, you knew my dad died, but did you know that my dad was blind?" The young man swallowed hard and forced a smile, "Dad came to all my games, but today was the first time he could see me play, and I wanted to show him I could do it!"

Like the athlete's father, The Universe is always there cheering for us. They're always reminding us to go on. They even offer us their hand for they know what is best, and is willing to give us what we need and not simply what we want. The Universe has never missed a single game. What a joy to know that life is meaningful if lived for the Highest. Live for The Universe for The Universe is watching us in the game of life!

MEDI-CAL - cont. from page 5

Medi-Cal uses to calculate the waiting period for someone who makes gifts to qualify for Medi-Cal. The average private pay rate for use in 2019 is \$9,337. For each gift of \$9,337, there is a 30 day waiting period to receive Long Term Medi-Cal benefits. If the gift is \$18,674, the waiting period would be 60 days from the date of the gift.

In addition to gifting, there are a number of legitimate strategies that can be used to qualify for Long Term Medi-Cal benefits. While some Medi-Cal planning can be done at the last minute, the key to obtaining the maximum benefits available under the program is to plan as far in advance as possible, so that Medi-Cal benefits can be applied for before resources are unnecessarily depleted.

Once again, non-California readers should consult a qualified person in their home state to verify the rules, and dollar amounts relevant to that state's Medicaid program. One good source from which to obtain a referral to a qualified Medicaid planner is the National Academy of Elder Law Attorneys at www.naela.org. California readers can contact William R. Remery at (818) 558-5909 or wremery@aol.com.

Mr. Remery is one of the founding members of The Wellness Village, Visit his page at <http://www.parkinsonsresource.org/the-wellness-village/directory/william-r-remery-esq/>, watch his video and be inspired to do your long term care planning. He is only a phone call away.

HEMP OIL – cont. from page 3

cancer, lung as well as breast cancers. It does this by inhibition of the growth of cancer cells.

Improves Heart Health – The bioactive compounds in the product help lower the levels of blood cholesterol, leading to protection of the heart. Omega-3 & 6 fatty acids are vital for cardiovascular health.

Boosts Brain Health – The brain has specialized receptors. Cannabinoids in Hemp Oil help reduce anxiety and depression. Omega-3s also improve brain power and memory as well as reduce memory loss in old age.

Aids In Treatment Of Diabetes – Hemp Oil can serve as a great supplement for essential fatty acids, whose deficiency is linked to diabetes.

Fights Inflammation And Boosts Immunity – GLA in this product and the Omega-3 fats boost immunity as well as curb inflammation. It also aids in inflammation because of its plant-based protein products. The Omega-3s help to strengthen the immune system and prevent illnesses and diseases.

Hemp Oil Side Effects – Hemp Oil does not have very serious side effects. Some people fear that it might cause the “high” feeling. Still, others have reservations about its legality, considering that its cousin (Marijuana) is illegal in most jurisdictions.

However, it is necessary that you take precaution in the following areas: If you are on coagulants or blood thinners, you ought to be cautious when using this product. This is because it slows down the clotting of blood.

Also, be cautious when you happen to be scheduled for surgery, say within one month before the operation.

Effects Of THC – This is a very rare one whereby you may hallucinate or experience euphoria after using the oil. As a solution to this, always use brands you are very sure of and check the ingredients carefully. Apart from these minor side effects, there are no other serious known effects of this product. This gives you a free pass to enjoy all the benefits of the oil.

Hemp Oil Health Benefits Vs. Side Effects:

Conclusion – There are many remedies available in today’s world for various diseases, illnesses, and complications. Assessing the Hemp Oil, its benefits and side effects and how to use it, you are left to wonder why you have had to move all over looking for solutions. This is because this product seems to be the best for most of the common health issues. The main worry for many people is the legality of the product because of its relation to Marijuana, which is outlawed in many states and countries.

Putting all these factors into consideration and assessing its components, it is safe to say that Hemp Oil is not illegal. Only be conscious of the rare instances indicated above.

To get some of the “How To Use” information go to our website and visit **Hemp Oil: Proper Use**.

AYURVEDIC LEVODOPA – cont. from page 4

L-dopa is found in the bean, *mucuna pruriens*. The dosage has been standardized by manufacturers, and it has undergone positive peer-reviewed trials. Zandu Xandopa HP200 is an example.

Trials have demonstrated that *mucuna pruriens* is bioavailable with effective efficacy.

However, people are urgently advised NEVER self medicate whether a product is pharmaceutical or biologic. Patients must only take dopaminergic support that has been prescribed by their neurologists.

The effects of *mucuna pruriens* must be medically monitored, taking the biochemical effects into account.

The PROVocative question is, does your neurologist know about Fava beans, their standardized dosages, or how you could purchase and prepare them if you wished to do so on your own? If you know one, please let us know, and with their permission, we will share their name with the world.

We have heard that if you can prepare tinctures (a medicine made by dissolving a drug in alcohol) of fava beans with some brandy, vodka, or scotch, for example, the chance of the nutrients and elements getting through the blood-brain-barrier might be increased dramatically.

If you have successfully used fava beans, Parkinson’s Resource Organization would like to know and share the information.

BITS & PIECES: MEDICARE – cont. from page 2

which covers drug costs in Part B and D in the program for seniors, are likely to grow steadily from 2.1 percent of gross domestic product in 2018 to about 3.7 percent of GDP in 2038, given the aging U.S. population and rising costs.

Cost projections for Part D drug spending, which covers prescription medicines obtained at the pharmacy, are lower than in last year’s report because of slower price growth and a trend of increasing manufacturer rebates, CMS said.

Part B primarily involves specialty drugs administered on an in-patient basis.

Trustees project that the SMI fund for Part B and Part D will remain adequately financed into the indefinite future because current law provides financing from general revenues and beneficiary premiums each year to meet the next year’s expected costs.

The Trump administration in January proposed a rule that would overhaul the use of rebates in government-run healthcare plans, potentially ending a decades-long system under which drugmakers provide large discounts off the list price of their medicines to benefits managers and insurers rather than to consumers.

PRO CALENDAR FOR JUNE 2019

The current support group meeting locations are listed below.

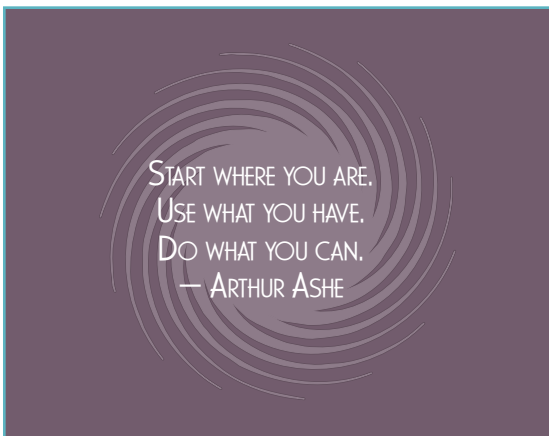
For any information regarding any of these meetings, please contact the PRO Office at 877-775-4111.

						1 LONG BEACH Next meeting Sept 2, 2019
2	3 PALM DESERT Caregiver Only 10:00 AM PRO Office 74-090 El Paseo Suite 104	4	5 GLENDDORA Next meeting Sept 11, 2019	6 D-DAY NEWPORT BEACH Next meeting Sept 12, 2019	7	8
9	10 PALM DESERT Next meeting Sept 9, 2019	11	12 ENCINO Caregiver Only 7:00 PM Rehab Specialists 5359 Balboa Blvd	13 SANTA MONICA Next meeting Sept 19, 2019	14 FLAG DAY	15
16 FATHER'S DAY	17 PALM DESERT Caregiver Only 10:00 AM PRO Office 74-090 El Paseo Suite 104	18	19	20 SHERMAN OAKS Next meeting Sept 26, 2019	21 SUMMER SOLSTICE	22
23	24 PALM DESERT Next meeting Sept 23, 2019	25 MANHATTAN BEACH Next meeting Sept 24, 2019	26	27 NAT'L ICE CREAM DAY	28	29
30						

CAREGIVER MEETING: (For caregivers only) Come share the ups and downs of living with someone with Parkinson's. Together there are ways of finding solutions that, when alone, might never be considered. No need to continue with your frustrations because you are not alone. Give yourself a break.

SPEAKER MEETING: We invite the community, especially the Person with Parkinson's and their family or friends, to attend. Speaker Meetings usually feature guest speakers who are professionals servicing the Parkinson's Community. Speaker Meetings are packed with a wealth of amazing information so bring your pencil and notepad!

"ROSEN ROUND TABLE" MEETING: Join a loving circle of like-minded individuals including local professionals. Learn what works for others, share what works for you. Find out what doesn't work for certain individuals. Share emotional trials and tribulations. Realize that you are not alone and that others can relate to and learn from your story.



NEWSWORTHY NOTES

June 2019 / Issue No. 319 / Published Monthly

PARKINSON'S RESOURCE ORGANIZATION

Working so no one is isolated because of Parkinson's
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We do not intend the PRO Newsletter as legal or medical advice, nor to endorse any product or service; we intend it to serve as an information guide.